

Bath Zone

Active Refresh



Charges

■ Non-members

	Adult	Student	Child
Visitor	2,500 yen	1,750 yen	1,250 yen

■ Members

	Admission	Annual membership	Adult	Student	Child	Remarks
Private member			1,500 yen	1,100 yen	800 yen	One card will be issued per person. Family members may join: 2,500 yen will be added to your annual membership charge for each family member joining.
Silver member	5,000 yen	5,000 yen	1,250 yen	—	—	
Member with disability			1,250 yen	800 yen	500 yen	
Corporate member	30,000 yen	10,000 yen	1,500 yen	1,500 yen	800 yen	3 cards bearing no name will be issued. Up to two persons may use the same card.

■ Special Member

	Admission	Monthly membership	Half-year membership	Annual membership	Remarks
Adult	5,000 yen	7,350 yen	36,750 yen	69,825 yen	The membership charge is 5,000 yen per person. An additional towel fee of 200 yen is also required each time you use the facilities.
Student		5,250 yen	26,250 yen	49,875 yen	
Child		4,725 yen	23,625 yen	44,888 yen	Note: When renewing a membership that is 3 months out of date, a membership renewal charge of 1,050 yen will be incurred.
2 family members		11,550 yen	57,750 yen	109,725 yen	Note: When customers wish to join as a family, all family members must join at the same time.
3 family members		17,325 yen	86,625 yen	164,588 yen	

- Children must be at least 3 years old and below junior high-school age.
- Customers applying to join at the Student rate (for students attending high-school, university, or vocational college), the Silver member rate (for persons aged 65 or over) or the Member with disability rate will be asked to present documents certifying their status.

■ Book of 5 admission coupons

Coupon	Adult	9,000 yen	Child	4,500 yen
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- These coupons are valid for one year from the month of purchase.

Using the 2F facilities

- Customers are requested to wear a swimsuit and swimming cap (a limited number are available for rental).
- Persons under their physician's advice not to bathe or swim are requested to refrain from using the facilities.
- Persons belonging to criminal gangs, and any other persons regarded by these facilities as undesirable, will not be permitted to use the facilities.
- Infants under the age of 3 may not use the facilities or become members. Children must be accompanied by a carer aged at least 20, and no more than two children may accompany one carer. Children must wear a yellow swimming cap (if the swimming cap you have brought with you for your child is not yellow, we will lend you a yellow one, free of charge).

Physical training sessions

- Physical training sessions are held, led by qualified instructors.
- Guidance in the use of dumbbells, provided by an instructor, is available free of charge.

Thalasso Treatment Zone



Facial treatment menu

Basic session (45 minutes): 4,500 yen

Cleansing, peeling, aspiration, massage, skincare

Sea-mud masque session (75 minutes): 7,700 yen

Cleansing, peeling, aspiration, massage, sea-mud masque, skincare

Éclair masque session (75 minutes): 7,700 yen

Cleansing, peeling, aspiration, massage, Éclair masque, skincare

Seaweed masque session (75 minutes): 7,700 yen

Cleansing, peeling, aspiration, massage, seaweed masque, skincare

Note: The above sessions include the basic facial session.

Ogenage facial (90 minutes): 15,750 yen

Cleansing, peeling, aspiration, massage, crème masque, clay pack, eye masque, skincare

Body treatment menu

Basic session (45 minutes): 5,600 yen

Hydromassage (seawater massage), back oil treatment

Seaweed pack session (75 minutes): 9,300 yen

Hydromassage, seaweed pack, back oil treatment

Sea-mud pack session (75 minutes): 9,300 yen

Hydromassage, sea-mud pack, back oil treatment

Whole-body oil-treatment (75 minutes): 9,300 yen

Hydromassage, whole-body oil-treatment

Scrub session (75 minutes): 10,000 yen

Hydromassage, back oil treatment, whole-body scrub

Note: The above sessions include the basic body session.

Seaweed body-wrap (80 minutes): 12,800 yen

Hydromassage, seaweed pack, affusion shower, seaweed hydromassage

Extra body-wrap (100 minutes): 16,800 yen

Hydromassage, seaweed pack, affusion shower, seaweed hydromassage, back oil treatment

Options Front oil treatment (25 minutes): 3,700 yen

(Fronts of legs, fronts of arms, midsection, décolleté area)

Note: The front oil treatment session may be added to any other session on the body treatment menu, with the exception of the whole-body oil treatment session and the seaweed body-wrap session.

Recommended treatments

Hydromassage (automatic) (15 minutes): 1,500 yen

Hydromassage (automatic + manual) (20 minutes): 2,100 yen

Note: This is a bathtub-style water-pressure massage using clean seawater. Metabolism and blood-circulation is boosted by bubbles and water-pressure. Also recommended for eczema sufferers. Hydromassage can be combined with the affusion shower option (1,000 yen for 10 minutes).

Grand jet (20 minutes): 2,400 yen

Note: Water-pressure hose massage. This is a water-pressure muscle-massage in which whole-body stimulation is delivered by a warm seawater shower.

Boue chauffante (20 minutes): 3,850 yen

Note: Sea-mud pack that generates heat. This sea-mud pack has a detoxifying effect, regulates the autonomic nervous system and improves the constitution.

Reflexology (20 minutes): 2,400 yen / Reflexology (40 minutes): 4,500 yen

Note: Below-the-knee oil treatment. The reflex zones on the soles of the feet are stimulated, boosting the blood circulation and alleviating swelling and lassitude.

Hard skin removal (feet) (20 minutes): 1,500 yen

Note: Hard skin on the feet is softened and removed.

Chiropractic and Watsu

Chiropractic (40 minutes): 4,200 yen
Chiropractic (60 minutes): 6,300 yen

Relieves stiffness and pain while balancing your physical system for optimum health.

Seawater chiropractic (15 minutes): 2,100 yen

Relieves stiffness and pain in warm seawater.
Treatment will focus on one selected area such as the shoulders or legs.

Note: Treatment is administered in the 2F Bath Zone or the 3F Pool.

Watsu (20 minutes): 3,150 yen
Watsu (40 minutes): 6,300 yen
Watsu (60 minutes): 8,400 yen

Treatment consists of gentle stretching and massage using the buoyancy and resistance of seawater, creating a sensation like floating in the womb, enveloped in amniotic fluid.

Note: Treatment is administered in the 3F Pool.

Using the 3F facilities

- Customers wishing to undergo treatments are requested to make appointments in advance.
- Some treatments may be unsuitable for persons with certain conditions.
- Persons under the influence of alcohol will not be admitted.
- Please be sure to let us know if you need to reschedule or cancel your appointment.
- Please be aware that if you are late for your appointment, your session may be altered or canceled.

Ryukyu Thermoing Holistic Therapy

**Thermoing dome treatment
(30 minutes)**

Using the rock bed: 1,000 yen
Using the Churasan bed: 1,500 yen

Note: This is a session in which perspiration is induced while the patient lies on a bed under a dome.

**Thermoing treatment +
thermoing dome**

Note: This is a session in the patient receives thermoing therapy using the Ryukyu Thermoing Therapy Device, followed by a neck massage. The patient then enters the Thermoing Dome to induce perspiration.

**Localized session
(60 minutes)**

Using the rock bed: 3,000 yen
Using the Churasan bed: 3,800 yen

**Whole-body session
(90 minutes)**

Using the rock bed: 4,200 yen
Using the Churasan bed: 5,250 yen

Options Neck/shoulder aromatherapy massage: basic charge + 500 yen

Opening hours: 10:00 – 18:00 (appointment required)

Telephone: (098) 968-5541

Closed: Every Tuesday, O-Bon (old calendar),
year-end and New Year

Kanna Thalasso Okinawa

Business hours

- **2F Bath Zone** 10:00 – 22:00 (last admission 21:00)
- **3F Thalasso Treatment Zone** 10:00 – 20:00 (appointment required)
- **Restaurant Jugon** 11:00 – 20:30 (last orders: 20:00)
- **Thalasso Shop** 10:00 – 20:00
- **Ryukyu Thermoing Thalasso** 10:00 – 18:00

Days on which the facilities are closed

Every 2nd Tuesday of the month, New Year's Eve, New Year's Day

Note: Unscheduled closures will take place for maintenance of the facilities and in the event of a typhoon.

Inquiries

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